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HEY, SHE’S YOUR PROBLEM NOW, UNITED KINGDOM! PAGE 14

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Monday, June 2, 2014 www.metro.us | t: MetroPhilly | f: MetroPhilly

Papers’ future uncertain after Katz killed in crash

Federal investigators examined on Sunday the plane’s wreckage in the gully where it landed after leaving the runway at Hanscom Field. / NICOLAUS CZARNECKI, METRO

Newsworthy. Less than a week after Lewis Katz and H.F. “Gerry” Lenfest took control of the Inquirer, Katz was killed in a fiery plane crash over the weekend. **No word.** Federal investigators are trying to determine why the private jet burst into flames, also killing three other passengers and three crew members. PAGE 02

Peter C. Knudson, public affairs officer and spokesman for the National Transportation Safety Board, addressed the media at the MassPort Civil Air Terminal on Sunday. / GETTY IMAGES

1 NEWS

Owner's death could spell 'chaos' for papers

See more at www.metro.us

Unknown. Lewis Katz' death this weekend is the latest chapter in the torrid struggle over Philly newspapers.

The city's biggest print-news outlets may struggle to find their ways after the unexpected death of Lewis Katz, co-owner of the Inquirer, Daily News and Philly.com, who repurchased the company from his former partners last week.

"This is going to mean more chaos in the operation, at least for the short run, and that's not good for the city or for the company," said Zack Stalberg, executive director of the Committee of Seventy government watchdog group and former editor of the Daily News.

Katz and partners, including H.F. "Gerry" Lenfest, paid $88 million last week for the papers and website. In Sunday's Inquirer, the owners pledged in an op-ed a "new era in journalism" emphasizing traditional, investigative reporting.

Katz, three friends and three crew members died Saturday night in a freak plane crash after attending a fund-raising event in Massachusetts. His son Drew, 42, owns an outdoor advertising company and will inherit his father's stake in the company.

"Without Lew, nobody knows what will happen next," Stalberg said. "He was certainly the dominant player.

Philadelphia GOP figure Matthew Wolfe said he expects that emphasis on investigative journalism Katz wrote about. "I got the feeling that the Katz people were news people."

SAM NEWHOUSE
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Details unclear

NTSB launches investigation

An official with the National Transportation Safety Board said the Gulfstream IV plane had not even been airborne and crashed shortly after 9:30 p.m. on Saturday.

The plane went off the runway, rolled onto the grass, struck an antenna and also struck a fence, officials said. It went down an embankment and allegedly exploded.

Members of the NTSB were on the scene to investigate the plane crash at Hanscom Air Force Base. / NICOLAUS CZARNECKI, METRO

Changing hands

The Daily News and Inquirer have been bought and resold many times.

- They were sold by McClatchy Newspapers in June 2006 to Philadelphia Media Holdings (PMH) for $515 million.
- Philadelphia Media Network bought the papers in 2010.
- Interstate General Media, led by Katz, Norcross and Lenfest, bought the papers for $55 million in 2012.
- Last week, Katz and Lenfest bought the papers from Norcross for $88 million.

Quoted

"Lewis was such a 'full of life' guy, always optimistic and forward looking, always wanting to push the envelope and do good things for Philadelphia and Camden."
Mayor Michael Nutter

Quoted

"His sudden passing adds to our family's grief over the recent passing of our beloved mother, Marjorie Katz. We will miss both of them tremendously but will work to carry on the enormous legacy that they both created."
Drew Katz

Near miss

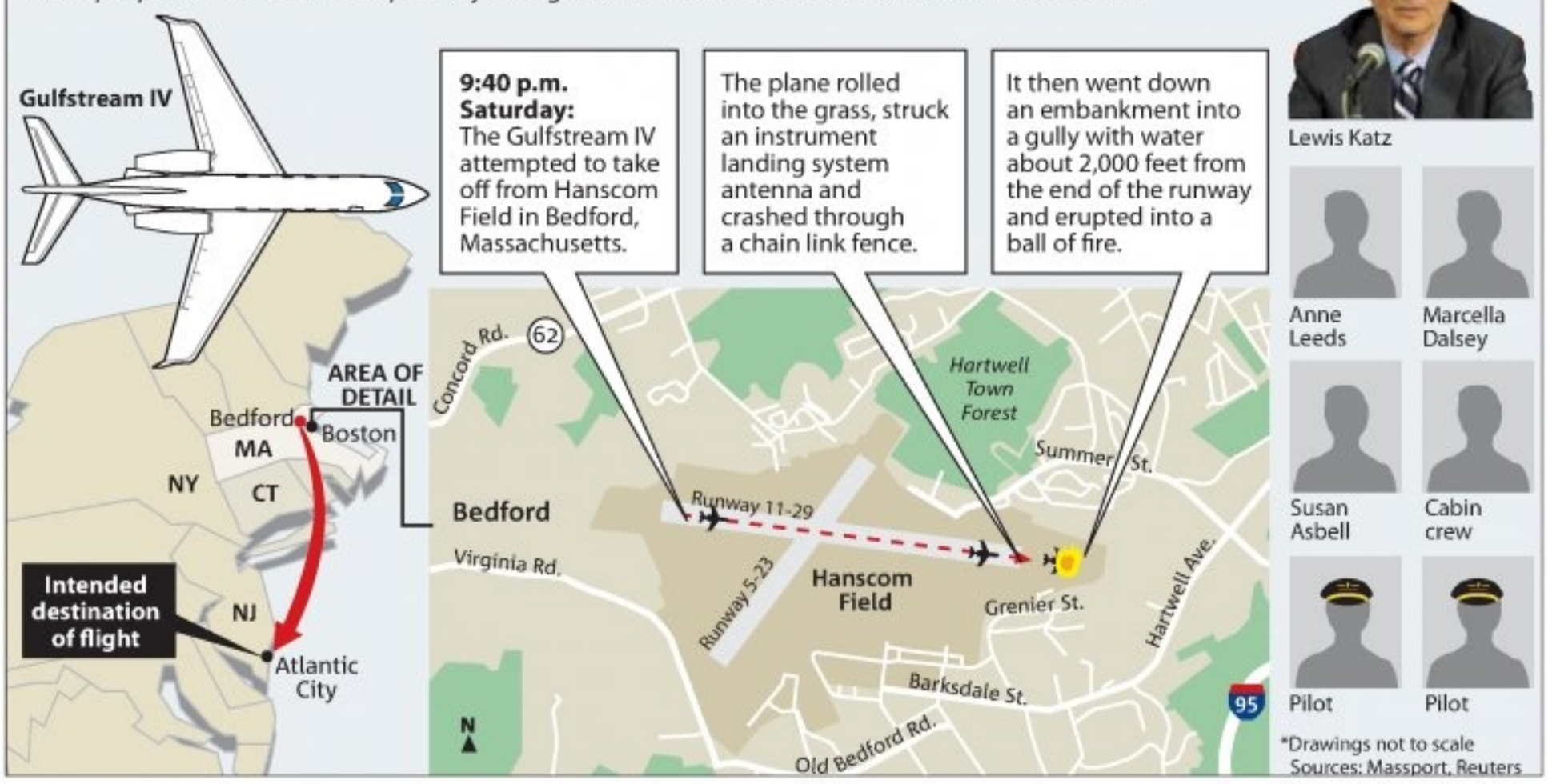
Rendell could have been on plane

Former Pennsylvania Gov. Ed Rendell said on Sunday that he could have been on the plane that killed Katz and others, the AP reports. Katz allegedly had invited Rendell to the Massachusetts event, but Rendell turned it down for a previous engagement. Rendell said Katz died at maybe the high point of his life. "He had this uncommon gift of having fun and making people around him have fun," Rendell said.

Anatomy of the fatal crash

Seven people were killed when a private jet caught fire and crashed as it tried to take off near Boston.

BILLY BECERRA, METRO



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Review. Archdiocese will close 16 parishes among four counties

Thousands of parishioners all around the city at Sunday morning Mass learned the fate of their religious institutions. The Archdiocese of Philadelphia will close 16 city parishes.

According to the Archdiocese, the decision has been made due to a "shift in Catholic population," as well as a high number of parishes in small areas and a decline in attendance.

More decisions have been made after Archbishop Charles J. Chaput reviewed the recommendations of the Archdiocesan Strategic Planning Committee. The most recent changes affect parishes not only in the city but in Delaware, Montgomery and Bucks counties on July 1.

Sixteen will close, another 13 will merge and 17 more will be untouched for the time being, reports say. After the most recent mergers, there will be 219 parishes as part of the Archdiocese of Philadelphia.

The former parishes will become worship sites used for weddings, funerals and feast days, the Archdiocese announced.

If clergy is available, Sunday Mass could be held there.

CHRISTINA PACIOLLA

Losing steam

The Archdiocese outlined each closing or merging parish and its numbers of baptisms performed, marriage ceremonies performed and weekend Mass attendance from 2008 to 2012.

- In all but one church, attendance decreased.

See more at www.metro.us

'New race, new tradition' for cyclists

Race leaders battle their way up a steep hill during the Philly Cycling Classic bike race in Manayunk on Sunday. The event this year was sponsored by Parx Casino. The one-day, USA Cycling-sanctioned progressional race started and finished at the top of the Manayunk Wall.

CHARLES MOSTOLLER, METRO

Struck

Man shot at Olney club

A man in his 50s was shot three times around 4:30 a.m. Sunday morning inside an after-hours club on the 1300 block of Chew Avenue, police said.

No arrests have been made. Police are investigating. METRO

Stabbed

Three stabbed in South Philly bar fight

Three men were stabbed and a fourth was hit was brass knuckles when a brawl broke out on Third and Mercy streets overnight Sunday in South Philadelphia.

All of the victims are in their 20s, police said, and are in stable condition.

Police are investigating. METRO

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Random reality

KATHRYN QUIGLEY

Kathryn Quigley is a columnist for Metro Philadelphia. She teaches journalism at Rowan University. She can be reached at kathrynsquigley@gmail.com.

AH, THE SOUNDS OF SUMMER

This is what summer sounds like at my house: SLAM! My little boy opens the door and runs outside. SLAM! He opens the door again to run inside and get another toy. SLAM! Repeat. All day.

Summer also sounds like the Mister Softee truck. I made up words to that infernal song. Want to hear?

"I ammmm Mister Softee and I sellllll the ice creammmm!"

Have you ever noticed that the drawing of Mister Softee is of an ice cream cone drawn as a person. Basically, he wants us to eat his head. Doesn't that seem wrong? When I do eat his ice cream head, I prefer chocolate jimmies on top.

But last summer, I did NOT want to hear the Mister Softee song. That's because our local driver came at 9:45 p.m. It made me mental. My son would FINALLY be asleep and then … that infernal song. My son would awaken like a shot.

"Mom! Ice cream!"

"It's almost 10 o'clock at night!" I would yell … I mean, say, "Go back to sleep!"

Aside from the ice cream trucks, there are certain sounds that come into sharper focus in Philadelphia every summer. People open their windows, which means neighbors can hear everything going on. They hear the conversations, fights, TV shows. And occasionally, um, other things.

Trash trucks seem louder and so do the police sirens and the SEPTA buses when they wheeze and screech to a stop at the corner. In summer, the swings squeak in the park and kids splash in the city pools. Other kids open up the hydrants to play (but make sure to get those hydrant caps so you don't drain the whole city's supply).

Tar hisses and bubbles from the kettles on the roof. Kids ride bikes and Big Wheels down the sidewalk and back driveways. Rumble, rumble, rumble — the sound of plastic on concrete. Clack, clack, clack — the sound of playing cards in the spokes of the bike wheels to make it sound cooler.

On most summer weekends, Philadelphians sit outside on their patios, porches and stoops. They gossip, catch up and grill — even if their personal patio space is only a few feet wide. Families have parties, cramming all together on plastic patio chairs up and down the postage-sized lawn and on the steps.

Even with all the iPads, Xoxes and cable TV, Philly kids still play outside in the summer. They play baseball in the street ("Car!"), wire ball and freeze tag.

And of course, they run in and out of the house, to get just one more toy. SLAM!

Metro does not endorse the opinions of the author.

Quoted

"Trash trucks seem louder and so do the police sirens and the SEPTA buses when they wheeze and screech to a stop at the corner."

Scoring high during Beer Week

Amanda Kaster and Dermot O'Connor took part in a Troegs Skee Ball tournament at Garage bar on Passyunk Avenue in South Philadelphia for Philly Beer Week, where each Troegs beer purchased earned a free game of Skee Ball and a chance to win prizes.

CHARLES MOSTOLLER, METRO

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US soldier flies to freedom after Afghan prisoner swap

Exchange. Bowe Bergdahl had been held for five years.

The sole American prisoner of war held in Afghanistan was flown to a U.S. military hospital in Germany on Sunday after being freed in a swap deal for five Taliban militants who were released from the Guantanamo Bay prison in Cuba.

Army Sgt. Bowe Bergdahl had been held for nearly five years. His release, following years of negotiations, suddenly became possible after harder-line factions of the Afghan Taliban shifted course and agreed to back it, U.S. officials said.

U.S. Defense Secretary Chuck Hagel said he hoped the exchange might lead to breakthroughs in reconciliation with the militants.

He denied accusations from some Republicans the swap resulted from U.S. negotiations with terrorists, saying it had been worked out by the government of Qatar.

"We didn't negotiate with terrorists," Hagel said in an interview on NBC's "Meet the Press." "As I said and explained before, Sergeant Bergdahl was a prisoner of war. That's a normal process in getting your prisoners back." REUTERS

Quoted

"We were so joyful and relieved when President Obama called us today to give us the news that Bowe is finally coming home."

A statement from the Bergdahls

Jani Bergdahl listens as her husband Bob speaks about the release of their son. / GETTY IMAGES

Hard-line Taliban

Faction shift may have won exchange

The breakthrough leading to Saturday's surprise exchange suddenly became possible after harder-line factions of the Afghan Taliban apparently shifted course and agreed to back it, according to U.S. officials.

The United States had tried diplomacy since late 2010 to free Bergdahl, but the efforts came to little until now.

Mistrust between Washington and the insurgents had blocked progress, U.S. officials said.

So did the deep-seated fears of Afghan President Hamid Karzai that a deal between the Americans and the Taliban would undercut him and his fragile government. REUTERS

Good news

Family, hometown celebrate

Balloons, symbolic yellow ribbons and celebratory signs sprouted up in the small mountain community of Hailey, Idaho, on Saturday after news that native son U.S. Army Sgt. Bowe Bergdahl had been freed after almost five years as a prisoner of the Taliban.

Bergdahl's parents said they were ecstatic to hear the news from President Barack Obama, whom they later joined at a news conference in the White House Rose Garden.

"We cannot wait to wrap our arms around our only son," Bob and Jani Bergdahl said in a statement.

A senior U.S. defense official said the Bergdahls, who live in Hailey, happened to be in Washington when they got the news their son had been freed. REUTERS

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Obama to detail Russian policy in trip to Europe

Second chances. The president will visit Ukraine's neighbor, Poland, to meet with new president-elect.

Obama has faced calls from Eastern Europe to be more forceful with Russia.
GETTY IMAGES

President Barack Obama heads to Warsaw, Brussels, Paris and Normandy this week, where he is expected to elaborate on the U.S. commitment to counter Russian moves against Ukraine and reassure nervous allies that the United States has their backs.

In Poland, Ukraine's western neighbor, Obama meets with Eastern European leaders — including Ukraine's president-elect, Petro Poroshenko, on Wednesday — and is expected to address criticism he has not done enough to push back against Moscow after it annexed Crimea in March.

The president's trip follows a speech at the U.S. Military Academy last week in which he argued that American leadership in the world should be exercised mainly by diplomacy, multilateral action and economic pressure, as in Ukraine, rather than through military might.

REUTERS

Quoted

"Our ability to shape world opinion helped isolate Russia right away. Because of American leadership, the world immediately condemned Russian actions." Barack Obama

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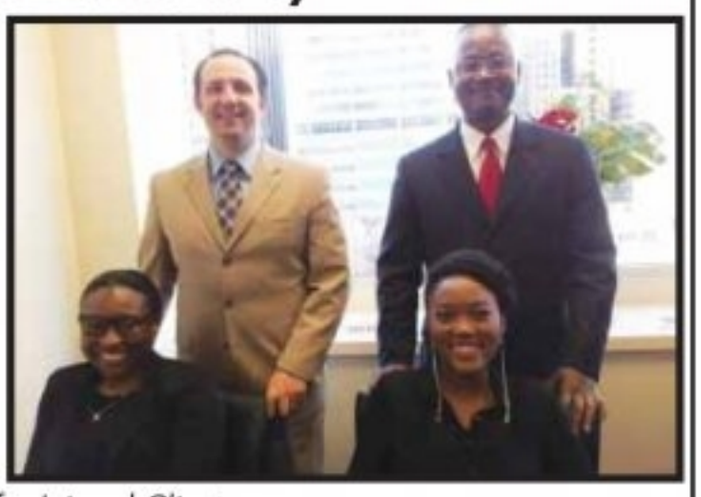

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Oceanographer begins 31-day stay underwater

See more at www.metro.us

Under the sea. Fabien Cousteau is looking to break a record held by his famous grandfather Jacques Cousteau.

Fabien Cousteau, grandson of famed oceanographer Jacques-Yves Cousteau, descended on Sunday for a monthlong undersea stay in a laboratory off Florida, attempting to break a record for a similar sojourn set by his grandfather a half-century ago.

Cousteau, along with two more so-called "aquanauts" plan to spend 31 days at a depth of about 60 feet in a 43-foot-long laboratory named Aquarius in the turquoise waters off the Florida Keys, monitoring marine life and filming the environment.

In 1963, Jacques-Yves Cousteau spent 30 days in a similar facility in depths of about 30 feet in the Red Sea.

"We're marking a new era in ocean exploration," said Cousteau, 46, who was born in Paris and grew up on his grandfather's ships, Calypso and Alcyone.

Aquarius is air conditioned with wireless Internet access, a shower, a bathroom, six bunks and portholes that give the occupants a 24-hour view of the surrounding marine life.

Researchers will host Skype interviews with classrooms around the world and will have several dives to study wildlife and coral reefs surrounding Aquarius. REUTERS

JACQUES-YVES COUSTEAU, SEEN HERE IN 1978, DIED IN 1997. GETTY IMAGES

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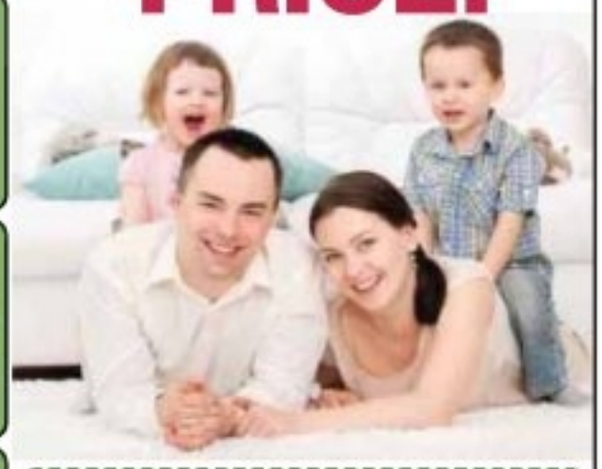

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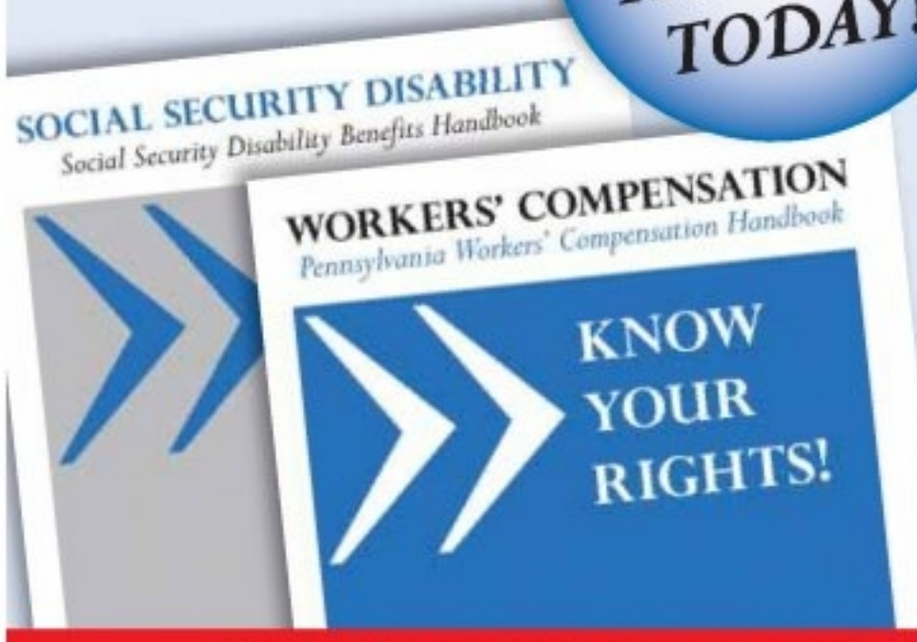

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Artists David Sykes and Jessica Dance are fakin' bacon. / DAVID SYKES

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‘Comfort Food’ will make a fool of you

OMG! Don’t be a (k)nitwit and take a bite of these food frauds — a photography project that will hit your creative palette.

It’s the mouth-watering menu that looks too good to be true — and that’s because it is. A creative duo is pulling the wool over your eyes with knitted versions of some food favorites ranging from a full breakfast to a cheeseburger. The delectable-looking delights form part of a series of images entitled “Comfort Food” by London-based photographer David Sykes and model maker Jessica Dance. Sykes talks to Metro about the treats that’ll get your taste buds tingling for all the wrong reasons.

It’s not summer without one of these. / DAVID SYKES

Hold the onions, please. DAVID SYKES

Have you thought about doing the photography for those greasy spoons with the unappealing food photographs?
[Laughs] I could do. They could do with a bit of polishing up. The key to making food look good is soft lighting.

Why did you decide to omit the classic black pudding from the traditional English breakfast?
That’s one of my favorites to be honest. It’s about balance and not trying to make the plate look overcrowded. Also, [it] might have looked like a black blob — the foods needed to be easily recognizable.

Are these images designed to tempt and tease the hungover and hungry?
[Chuckles] I guess I’m trying to get people to look twice. At first glance it looks like real food, then people look again and see it’s made of wool.

Has anyone tried to take a bite?
Not yet.

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THE WORD

Ned Ehrbar takes on the world of gossip.

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Leaving NYC

Yes, this weekend was moving day for billions of college students, as you probably noticed more than a few ratty couches sitting curbside as you made your way through the city, but undergrads aren't the only ones heading to new digs. Michelle Williams is gearing up to leave Brooklyn and move back to Los Angeles to make securing film roles easier, and apparently her 8-year-old daughter, Matilda, is looking forward to finding new ways to dodge the paparazzi, according to Radar Online.

"Matilda is joking that she's going to impersonate Suri Cruise," a source says. "They have a set of disguises they use specifically in Los Angeles that makes them completely unrecognizable to photographers and allows them to have long mother-daughter days in complete privacy. Matilda is absolutely loving the game."

Perennially troubled starlet Lindsay Lohan may also escape from New York. She's apparently looking to make her recent trip to the U.K. more of a permanent one by snagging a place to live and ditching her current home of New York City, according to the Sun. "Lindsay's really enjoying being in the U.K. and has told her pals that she's staying here for good," a source says, adding that Lohan has also apparently been boasting to friends that a move across the pond could get her career back on track. "Lindsay has also started investigating getting acting work in London."

WILLIAMS

A "source," on Williams

"They have a set of disguises they use specifically in Los Angeles that makes them completely unrecognizable to photographers. ... Matilda is absolutely loving the game."

Gomez, left and her pals, Suki Waterhouse, Cara Delevingne and Mary Charteris chill and do some "Katy Perry-ing." / INSTAGRAM

London calling

News of Lindsay Lohan moving there aside, it seems like London is where it's at these days. Selena Gomez went to a Katy Perry concert at the O2 Arena with a group of her model friends, including Suki Waterhouse, Cara Delevingne and Mary Charteris. Luckily for us mortals, Gomez posted a pic on Instagram of the girls either pregaming or backstage, so we don't feel left out. She paraphrased a Perry song for the caption, writing, "This is how we do, da do." Later Charteris tweeted that she was "totally Katy Perry-ing right now. Kissing girls and loving it!!" As of press time, no photos of this activity have hit Instagram.

LASSE E. KRISTIANSEN

Talking point

Bieber is among most hated men

Justin Bieber has been ranked the fifth most hated man in the U.S., according to a new survey released by E-Score. Standing in his way of the top spot are disgraced L.A. Clippers owner Donald Sterling at No. 1, Bernie Madoff at No. 2 and Conrad Murray and O.J. Simpson tied for third.

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Death-defying moviemaking

Charlize Theron tries her hand at comedy in Seth MacFarlane's "A Million Ways to Die in the West." / WIREIMAGE

Wielding two guns as a sharpshooter is something Charlize Theron can now do. / LOREY SEBASTIAN

Interview. Charlize Theron says shooting in the New West is as dangerous as the Old West.

You might think Seth MacFarlane had to chase down Charlize Theron to convince her to co-star in his cowboy comedy "A Million Ways to Die in the West," but the Oscar-winning actress insists it was the other way around. "I got to read this pretty early on," she says of the script for the film, which skewers old-fashioned Westerns and life on the frontier. "Just the idea of doing something that's pitched in this very unusual way of a comedy Western situation and him at the helm of that — that to me was very intriguing. So I definitely did some chasing."

But a few weeks shooting on location in New Mexico, risking life and limb for a Western spoof, quickly had Theron rethinking taking so much initiative. "Look, it's a gorgeous place, [but] I don't necessarily want to go and shoot in it again. It's just that the weather was unbelievable. I felt like it was like biblical times, and we were all going to die a horrible death by weather," she says. "I mean, there was a night where we shot, and Seth left before me. I got a text from him that literally just said, 'The road is washing away! Get out of your trailer right now and start driving!' And I was like, 'I'm going to die on this movie.'"

Taken

'A little starstruck'

One particular co-star does stand out, though: "Taken" superhero dad Liam Neeson, who plays villainous outlaw Clinch Leatherwood. "I think all of us were a little starstruck," Theron admits. "[I was] trying to be cool when I met first him. There's something about him. He is not just the one-dimensional actor, no matter what he does. And I think that's why people are so endeared by him and why you emotionally tap into him, no matter what he plays. He plays the baddie in this so convincingly, but there's a realness about him."

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‘Maleficent’ casts its spell

Box office. Disney’s “Sleeping Beauty” spin-off cursed Seth MacFarlane.

Angelina Jolie willed everyone into seeing “Maleficent” this weekend. / FRANK CONNOR

Top earners

1. ‘Maleficent,’ $70.0 million
2. ‘X Men: Days of Future Past,’ $32.6 million
3. ‘A Million Ways to Die in the West,’ $17.1 million
4. ‘Godzilla,’ $12.2 million
5. ‘Blended,’ $8.4 million

“Maleficent,” Walt Disney’s special-effects laden take on the wicked fairy of “Sleeping Beauty,” captivated moviegoers, collecting $70 million in ticket sales to win the North American weekend box office stakes.

The movie, starring Angelina Jolie as the black-robed villain, finished far ahead of last week’s winner, “X-Men: Days of Future Past,” which took $32.6 million at U.S. and Canadian theaters.

Seth MacFarlane’s comedy “A Million Ways to Die in the West” was third with $17.1 million for the three days from Friday to Sunday, according to box office tracking firm Rentrak.

Produced for $180 million, “Maleficent” received mixed reviews but opened strongly with $4.2 million on Thursday night and conjured up more than 80 percent of advance ticket sales for the weekend, according to Fandango.

“X-Men: Days of Future Past,” with Hugh Jackman and Patrick Stewart in the seventh installment based on the Marvel Comics series, has collected more than $162 million in sales in domestic theaters since its May 23 release and has generated $500 million worldwide in just two weeks, distributor Fox said.

“A Million Ways to Die in the West,” MacFarlane’s second time directing a live action film after his 2012 hit “Ted” about a foul-mouthed toy bear, disappointed in its opening weekend.

The film received tepid reviews, with only 33 percent of 128 critics giving it a “fresh” rating on the Rotten Tomatoes site.

“Godzilla,” the latest installment of the 60-year-old series about a giant lizard, was fourth with $12.2 million. Made for $160 million, the special effects-infused film has generated $175 million domestically.

“Blended,” a romantic comedy pairing Adam Sandler and Drew Barrymore in their third film, was fifth with $8.4 million.

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OLIVER STONE TAKES ANOTHER WHACK AT 'ALEXANDER'

Your move, creep

'RoboCop' (2014)

No one much liked the reboot of the cyborg franchise, but at least it tried to be different. There's very little repeat from Paul Verhoeven's 1987 version — plus, sadly, a PG-13 rating.

'Alexander': The Ultimate Cut

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Much like Alexander the Great himself, Oliver Stone will go to the ends of the earth to fix his epic bomb about the Macedonian conqueror. The new "Ultimate Cut" is his third reworking of 2004's "Alexander," following 2007's unfortunately named "The Final Cut." He could conceivably chip away at it forever. The man is an unconquerable subject, even if — or especially if — you're an ambitious, wild, reckless filmmaker.

How odd, then, that the original theatrical cut of "Alexander" is mostly sane. It plods through a massive tale on a clean, linear track, trying badly not to stumble over all the excised footage. Stone's solution, though, is a curious one: He actually makes it messier. Both the "Final" and "Ultimate" cuts — which, all told, aren't too different — muck up the time line to jump around Alexander's (a half-commanding Colin Farrell) life, and not always sensibly.

And yet "Alexander," in any cut, remains weirdly magnetic, possibly more so than if Stone had gotten a handle on it. It's fascinatingly incomplete and forever unsure of what it wants to be. Like Alexander himself, it's a walking contradiction. Where the subject wanted to unite the world by killing most of it, Stone's film is both generic and insane, a film with few highs and lots of problems that nevertheless sticks in the mind.

In "Alexander," Angelina Jolie plays Colin Farrell's mom, despite being six whole days younger than him. / WARNER BROS. PICTURES

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Also out

'Lone Survivor'

This Marky Mark-starring docudrama is a sloppy valentine to soldiers, albeit one that endlessly wounds them with bullets and hill tumbles.

'The Outsiders'

Young Tom Cruise barely gets screen time in this hunk-o-rama YA favorite, but, as we now know, he had the last laugh.

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More than just a villain

The female side

Do you think women still like a classic masculine attitude, even though that can be extremely harmful to the environment and to the world?

You could argue that now women can do more of what they want to do. But there is still something in women that likes a guy who's a strong guy. But when you run away with that and you don't use that strength for protection, you can't be surprised that women are starting to say, "We don't like this" and having to fight back in a way. I think, in a certain way, the female influence is very big in the writing of this film. That there are strong female role models like Angie playing this role and making sure these messages are clear.

Interview. Sharlto Copley thinks "Maleficent" is a critique of outdated male aggression

South African actor Sharlto Copley ("District 9") has put a lot of thought into the decisions his character Stefan makes in "Maleficent," namely betraying the title fairy (played by Angelina Jolie) and setting her on a path of revenge. And that thought quickly became a lot of thinking about society, gender roles and the male ego.

Stefan is the villain in this story, but you can't really oversimplify him as such, can you?

I don't like playing villains. But in this case, I felt like this was an opportunity in a very female-centered film to make a cautionary tale for men of what can happen to that male ego, the male desire and ambition for power. It's a very stereotypically male trait. And when that runs away with itself and is left unchecked, what happens then? How many stories can I tell you of very successful men who destroyed their families — they traded in their wives for younger versions as soon as they were successful, they didn't spend time with their kids. That's what King Stefan is — in an extreme version.

Sharlto Copley's latest film is the Angelina Jolie-starring "Sleeping Beauty" riff "Maleficent." GETTY IMAGES

This film depicts old-school male aggression as being outdated and harmful.

It's not surprising that we're getting to a point where women are going, "Listen, this male energy is really messing up the world." Again, I'm stereotyping, but there is a male type of ego and a male energy in the world. If you go back to look at it in evolutionary terms, it was there to protect families from saber-toothed tigers. The world doesn't need that in the same way anymore, so now you have this drive, this male energy, that's left unchecked and what does it do? You see this more and more that men, as they become more powerful, those two primal male urges come up — which I think almost any man can relate to — of protecting and conquering.

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Zen in the City

GABRIELLE BERNSTEIN
WWW.GABBYB.TV

Gabrielle Bernstein is the author of "Spirit Junkie." Her new book, "Miracles Now," is in stores now.

Working with others can be a lot of fun, but it can also be your chief source of stress. The fact is, most of us were never taught the art of healthy collaboration, so navigating working relationships can be tricky. In any collaboration, you're dealing with different personalities and energy. When your energy doesn't flow with someone else's, getting even simple things done can be a massive struggle.

Throughout my career as an entrepreneur, I've worked with many vendors, agents, assistants and clients. Sometimes the relationships seem to flow naturally, but in other instances it's been tedious and trying. It's important to me to have a more efficient and peaceful work life, so over time I've developed — and committed to — some key best practices.

If you struggle to get along with your coworkers, clients or other colleagues, follow these three guidelines. They're guaranteed to change the energy, increase your productivity and keep the peace.

Support each other — you're all there to accomplish the same goals, after all. / WAVEBREAK MEDIA

The bright side

Focus on what you can give rather than what you can get

When you enter into any kind of work relationship (whether with a boss, a client, a co-worker or someone you're negotiating with), showing up with a service mentality has a powerful influence on your behavior and the outcome of a situation. This simple change in mind-set has a huge effect. Most of us are used to walking into a business situation with a "What can I get?" attitude. Instead, ask yourself, "What can I give?" Bringing forth an energy of service helps other people want to serve you back. Focus on how you can create a space where everyone wins.

It's not about you

Everyone comes to work with his or her own baggage. People show up to the office with neuroses dating back to childhood, fighting their own fear-based stories and limiting beliefs. No matter how much personal growth work someone has done, they're still struggling with old beliefs and behaviors. Therefore, it's essential to not take other people's personalities to heart. Their issues truly are not about you. When you can accept that every person is fighting his or her own tough battles, you can show up to the office with more compassion.

Your attitude is everything

By now you know the difference between what happens when you show up to work with a "baditude" and when you show up in good spirits. The moment you arrive in the office, you set the tone for the rest of the day. Your positive attitude is everything when it comes to healthy work relationships. Commit to approaching things with a positive intention: Before you walk through the door to your office, silently bless everyone you work with. Envision them smiling and happy. Send each one a positive thought. Your energy and intentions speak much louder than your words. Bring your good vibes to the office and expect miracles!

Metro does not endorse the opinions of the author.

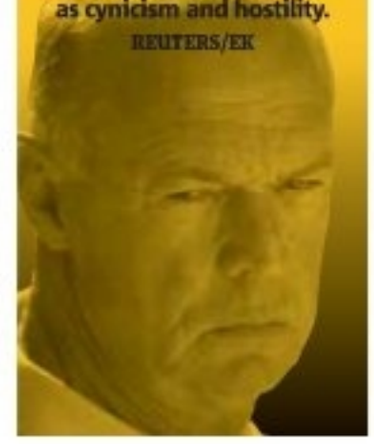
PLUS

Research

Cynicism may be hurting your brain

Better kick that bad attitude before your golden years, or you could be at greater risk for dementia, according to a new Finnish study. Researchers at the University of Eastern Finland surveyed 1,500 Fins between the ages of 65 and 79 to assess their cynicism, which was defined as the belief that others' actions are motivated by selfishness. They found that the most cynical participants tended to be heavier and more likely to smoke. Past research has linked heart problems with negative attitudes such as cynicism and hostility.

REUTERS/EK



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Fun ways to fill your community service hours

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Volunteering. Find a project that matches your interests.

Summer vacation is a great time for high schoolers to dive into community service projects that will help fulfill their graduation requirements.

The nonprofit community service organization DoSomething.org pairs young people with service opportunities. Education campaign manager Farah Sheikh shared some of the site's suggestions for students looking to volunteer.

Signing up for a trash-collection relay race is a fun way to fulfill community service requirements. / CREATAS

Recycle

Clean your closet

Join DoSomething.org's Comeback Clothes campaign by bringing your worn-out clothing to a local H&M, which will transfer them to a recycling facility.

Find a cause that suits your interests

DoSomething.org's volunteers pick projects that they feel strongly about, says Sheikh. "Bullying is one of our top causes. It resonates with everyone," she says. "A lot of our opportunities are not traditional volunteer actions. They are issues that young people care about."

Have fun in the sun

Sign up for a planting party or a trash-pickup relay race at a local park. "We always have a little spin on things to make them more fun," says Sheikh.

Pick a project that suits your schedule

It's key to find something manageable with your schedule.

This August, DoSomething.org is holding its weeklong service event the Hunt. Volunteers will receive a text each morning with that day's service theme. (For example: A team of volunteers may decide to throw a book drive on a literacy-themed day.)

LAKSHMI GANDHI
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Perfect your sales pitch

Entrepreneurship.
How to sell yourself to the head honcho in 30 seconds.

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Ask any entrepreneur and they'll say that one of the biggest keys to success is the ability to sell your product to a potential customer or investor in three minutes or less. A good "elevator pitch" is essential.

Kaeya Majmundar knows all about the importance of a good pitch. Majmundar first came up with the idea for the BZBox, a collapsible box that does not require any assembly, when she was helping a friend pack and the box suddenly fell apart. While building her product, she also became something of an elevator pitch expert.

Those skills were put to use when Majmundar was selected to appear on the season finale of ABC's hit show "Shark Tank," where she convinced investor Lori Grenier to back the BZBox.

Majmundar shares some tips on how to create a great pitch.

Can you sell yourself in the time it takes to ride an elevator? / FUSE

Draw your audience in

"You have to hook them," says Majmundar, adding that you shouldn't let the details weigh you down. "They'll ask the right questions if they are enticed."

Tip

Remember, all feedback is good feedback

Even people who react negatively to your idea can still teach you something. "I tend to focus more on the negative feedback than the praise because it motivates me," says Majmundar. An iffy reception from a potential investor can lead you to come up with necessary tweaks to the product.

Create a storyline

A good story may convince people to overlook some shortcomings. "I didn't have the business [savvy] when I got started," says Majmundar. "But people saw my enthusiasm and believed in me."

Be persistent

"I can't even say the number of times people have turned me down," she says. "But there's really no dead end. You can either take a left or a right."

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Horoscope

♊ Gemini | May 22-June 20. Unexpected changes may cause uncertainty. Think positively, and the end result will be beneficial. Put your needs first.

♋ Cancer | June 21-July 22. Do what's necessary to reach your goals. Trying to keep up with a friend, peer or neighbor will result in dissatisfaction.

♌ Leo | July 23-Aug. 22. Your sensitivity and compassion for the underdog will add to your popularity. If you give all you can, you will gain respect and personal satisfaction.

♍ Virgo | Aug. 23-Sept. 22. You will have questions about the domestic situations you face. Be observant. Make it your business to ferret out information.

♎ Libra | Sept. 23-Oct. 22. Getting involved in events will raise your profile. You will also make influential business connections if you are prepared to take a position of leadership. .

♏ Scorpio | Oct. 23-Nov. 21. Helping others is a nice gesture, but now it's time to further your own position. Concentrate on your goals and preparation.

♐ Sagittarius | Nov. 22-Dec. 21. You will be the victor today. Put your best foot forward. Your confidence will help you excel, and will impress onlookers.

♑ Capricorn | Dec. 22-Jan. 20. Prepare to jettison your affinity for old means. It's time to update the way you think and become more in step with the times.

♒ Aquarius | Jan. 21-Feb. 18. You'll be tempted to stretch the truth. If you exaggerate about your qualifications, you will face consequences. Stick to the facts.

♓ Pisces | Feb. 19-March 20. Close the door on the past. Previous setbacks helped pave the way to where you are now. Dust yourself off and move forward.

♈ Aries | March 21-April 20. Take time to rest. You may not have as many allies as you think. Be willing to compromise if it will help you avoid a sticky situation.

♉ Taurus | April 21-May 21. A question can be resolved. Becoming preoccupied with minor issues will prevent you from seeing the big picture.

BERNICE BEDE OSOL

Sudoku: Easy and hard

	3			5			7	
	8		1	3		6		
			7			5	9	
	2			1				7
		3	4		7	2		
8				6			5	
	1	8			5			
		7		9	6		1	
	5			4			2	

			6					2
	1	4			2	6		
			4		3	8		7
		1	9				5	
		3	2		6	1		
	8				1	2		
1		9	5		8			
		8	7			5	4	
6					4			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Change the way we confront violent people

We all grieve with those families whose lives are torn apart, but we don't insist on changes in the law that can help to reduce the chances of more and more of the same. While we must respect a person's privacy, professionals involved in mental health should collaborate on better ways to legally intervene with those disturbed individuals that may be on the verge of violence.

Sensible people should also agree that while the right to own guns for protection or sport will never change in this country, nobody but law enforcement or our military needs guns that can fire hundreds of rounds a minute.

Nothing will stop these senseless acts entirely, but for us to do nothing but feel sorry for the next group of victims and their families is a dereliction of duty. A sense of outrage has to start with us. If Sandy Hook caused no real change, is there hope? Not unless reasonable people get off their rear ends and demand it. Pray to God that we are not the next distraught mother or father on television after some other violent episode.

MURRAY CALHOUN III, VIA EMAIL

letters@metro.us

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Crossword

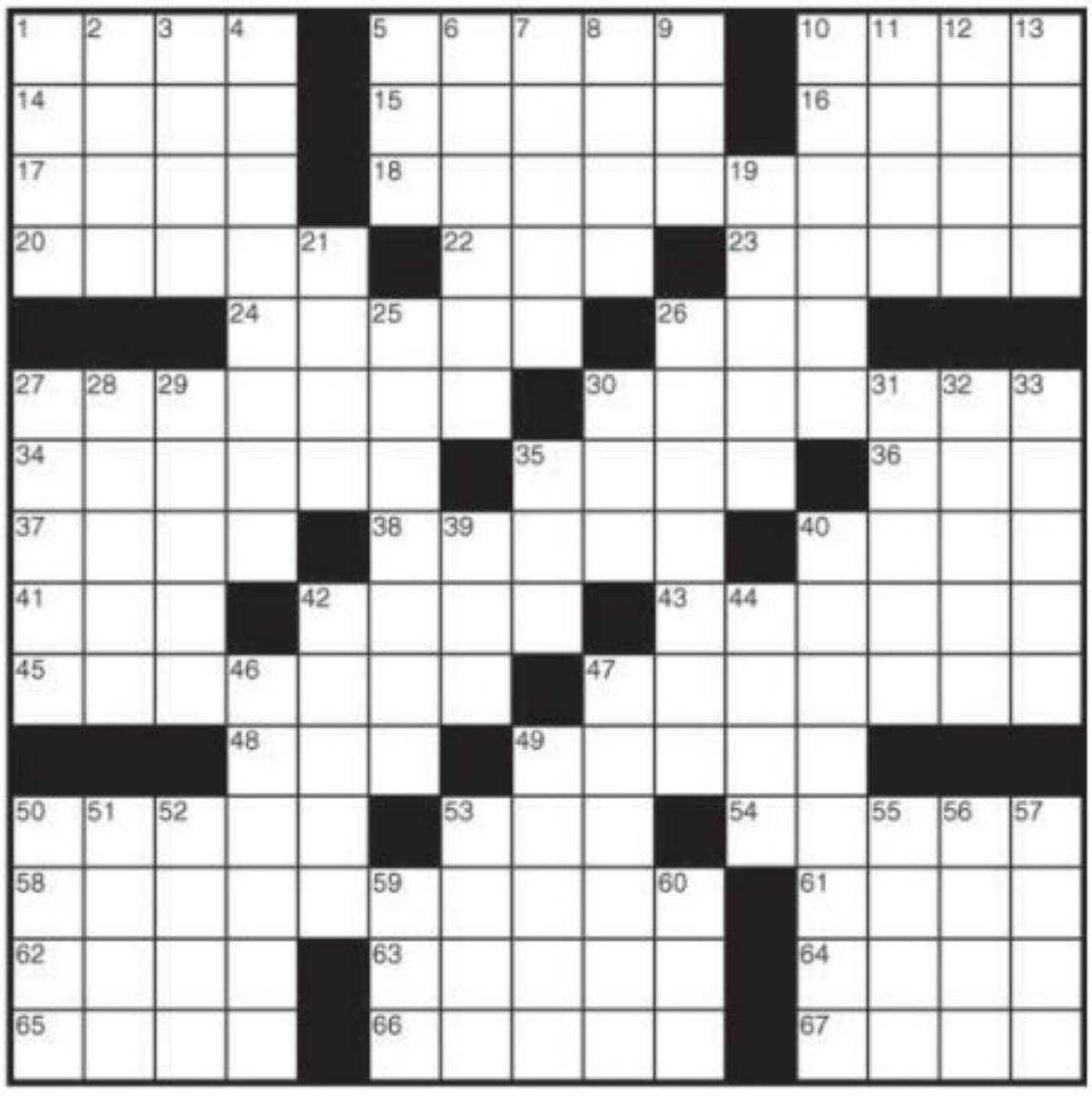
Across

1 Weevil nosh
5 Power systems
10 Counterclockwise
14 Jai —
15 Colliery worker
16 Creator of Della
17 Facile
18 Fit of excitement
20 Egyptian Nobelist
22 Lunar New Year
23 Made inquiries
24 Spud
26 Fashion accessory
27 Flinched
30 Wool wax
34 Beyond measure
35 Snakes lack them
36 1300 hours
37 Business letter abbr.
38 Gift giver
40 Like larkspur
41 502 in Rome
42 Dappled
43 Place for shadow
45 Bolted down
47 Plays the market
48 Con votes
49 Rx amounts
50 Circus performer
53 Ruby
54 Iffy attempts
58 Oxygen conveyer
61 Somali supermodel
62 Petri-dish contents
63 Chopin opus
64 Fiddling despot
65 In shreds
66 Went on stage
67 Nibble

Down

1 Tea holders
2 Earthen pot
3 Set down
4 Wine offered to Dionysus
5 Auto co.
6 Burned and looted
7 Deeply felt
8 Soup-can flaw
9 Title of respect, in India
10 "C'mon!" (2 wds.)
11 Viking name
12 Polar bear perch
13 Lean toward
19 Great care
21 Long-legged
25 Lingerie items
26 Rabbit burrows
27 Thigh muscles, in the gym
28 Loosen
29 Room under a roof
30 Thai language
31 Lounges around
32 Igloo dweller
33 Has to have
35 Goal
39 U.K. lexicon
40 Insect mishap (2 wds.)
42 Antler tine
44 First name in fashion
46 Brand-new
47 Part of salt
49 First appearance
50 Informal talk
51 Engineering toy
52 Rubaiyat author
53 Univ. marchers
55 Parson's exclamation
56 Early movie vamp
57 Natural crystals
59 Grassy field
60 Beatty of films

Weekend's answer



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Phillies bullpen finally starting to come around

MLB. Once an embarrassing weakness, the Phillies' relief corps have been coming through in big spots.

The Phillies have actually been receiving some relief from their bullpen of late. The pen, which has been the Phillies Achilles' heel since the beginning of the 2012 season, is showing signs of potential stability.

Entering Sunday's game against the Mets, the Phillies relievers have posted a 1.15 ERA since May 22.

"I think we're coming together," Mike Adams said.

Adams has been a shutdown setup man since returning from the disabled list last month. The righty has not allowed an earned run in each of his last 13 appearances.

"I'm feeling good and I've been getting outs, but it's just not me," Adams said. "I think what we have here is promising. If we can continue to do what we're doing, the bullpen can help win quite a few games."

After throwing three impeccable innings against the Mets, Jeff Manship strained his right quad running out a grounder. Manship was placed on the 15-day disabled list. Phillippe Aumont, who has struggled in Triple-A, has been recalled to replace Manship.

The Phillies purchased the contract of Cesar Jimenez from Lehigh Valley to fill Darin Ruf's spot on the roster (after Ruf went 1-10 during his recent call up).

Who knows if Aumont will ever find himself — he gave up a two-run homer in the 11th inning of Sunday's 4-3 loss — but there's more hope for the bullpen.

Ethan Martin is dealing with dead arm, but he's been solid since he's been rounding into shape in Triple-A with a 1.86 ERA in 9 2-3 innings.

Flamethrower Ken Giles is 2-0 with a 2.31 ERA at Lehigh Valley. If Martin progresses through dead arm as he should and Giles progresses like he has, perhaps both will be part of the Phillies pen by the All-Star break.

ED CONDRAN
@EDDIESCORES
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Reliable relievers

The Phillies bullpen has been lights out recently.

- Jonathan Papelbon has not allowed an earned run in 19 of his last 20 appearances.
- Mario Hollands is in the middle of an 8-inning scoreless streak.
- Jake Diekman has held left-handed hitters to a .113 average over his last 53 appearances, going back last July.

Adams has become a reliable setup man once again. / GETTY IMAGES

3 SPORTS

Back in win column

Union win out west

After a rough stretch of games that saw wins and goals as a rarity, the Union got some momentum in Southern California late Saturday night with a 3-0 win over Chivas, with two goals coming from Conor Casey. Philadelphia stays out west with a visit to Vancouver next Saturday.

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Knicks want picks

Jackson interested in Sixers' late picks

The 76ers will have seven draft picks in the NBA draft at the end of June and could be very busy making moves.

New York Knicks president Phil Jackson said he was interested in acquiring second-rounders, specifically, perhaps the ones the Sixers hold.

"They can't even put them on the roster," Jackson said of the Sixers and Bucks, who have four total picks. "You can't draft that many players and have them as part of your roster. So obviously something is going to go on in that situation." METRO

Chasing Schmidt

Rollins inches closer to Phils' hit record

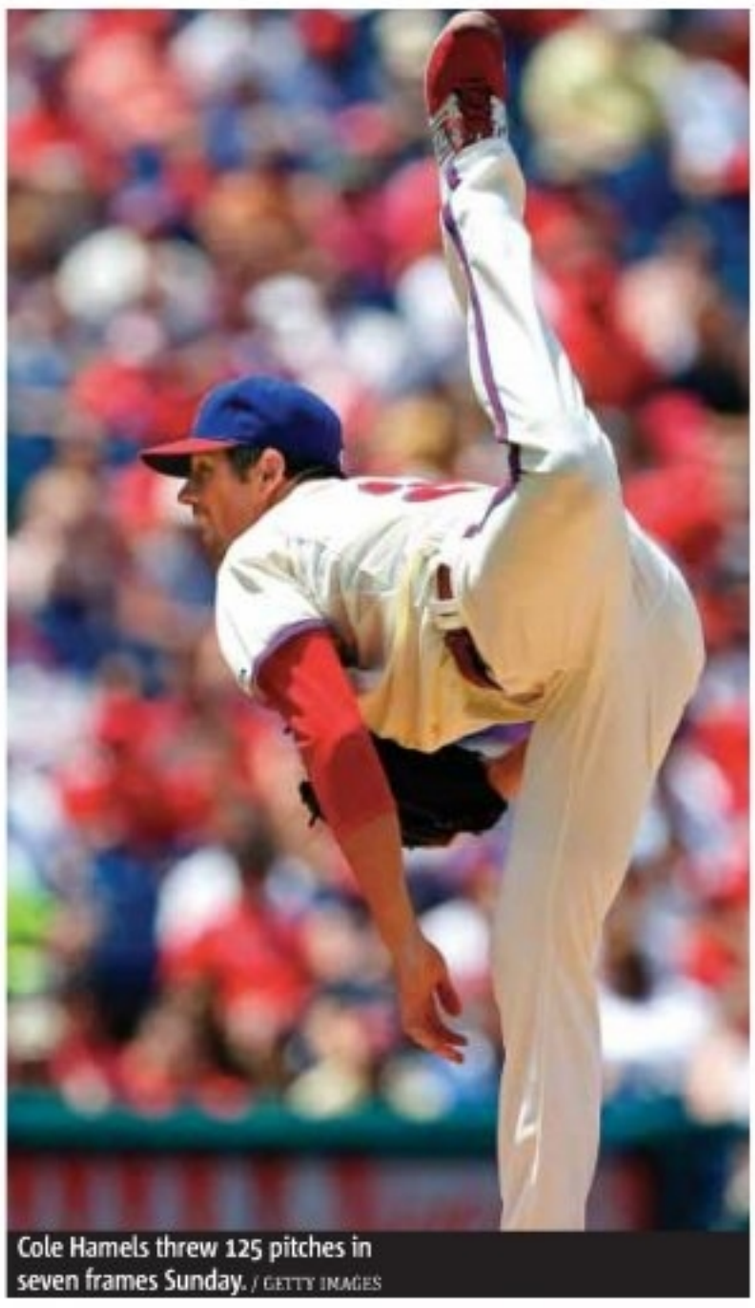
After collecting a base hit against the Mets on Sunday, Jimmy Rollins is just 10 knocks away from passing Mike Schmidt for the all-time Phillies record.

Schmidt's record stands currently at 2,234 total hits in Phillies' pinstripes.

Cole Hamels also got closer to a Phillies record Sunday. His eight punchouts helped him to pass Curt Schilling for fourth on the all-time strikeout list.

Hamels has 1,561 career strikeouts, 24 shy of Chris Short for third in the team's record book. METRO

MLB. Phillies can't outlast Mets in third straight trip to extras



Cole Hamels threw 125 pitches in seven frames Sunday. / GETTY IMAGES

Marlon Byrd blasted a home run in the bottom of the 11th inning in the Phillies' 4-3 loss to the Mets on Sunday afternoon.

Unfortunately, the homer came with no one on base, and only erased half of the Phils' two-run deficit as Philadelphia suffered its second straight loss in extra frames.

Cole Hamels had a solid performance, striking out eight in seven strong innings while only allowing two runs, both on sacrifice flies.

The Phillies found themselves behind early 2-0 before Ryan Howard's two-run home run in the fourth — his 11th home run of the season — tied the game at 2, where it would stay for six more innings.

A Lucas Duda two-run homer mercfully kept the game from remaining tied after the two squads faced off in back-to-back 14-inning marathons on Friday and Saturday.

But unfortunately for the home squad — which has now dropped eight of its last nine at Citizens Bank Park against the Mets — Duda was wearing the wrong colored pinstripes when he unevened the score.

Byrd's solo shot in the 11th got the Phillies within a run, but Howard was unable to go yard for a second time and the Phillies fell for the third time in this five-game series.

In the series finale Monday at 7 p.m., Roberto Hernandez will face Bartolo Colon. EVAN MACY

Marathon runners

The Phillies and Mets have played 48 innings in their last four games.

- The Phillies walked off in a 6-5 win in the bottom of the 14th Friday.
- The Mets won in 14 innings Saturday, a game the Phillies left 11 runners on base.
- Lucas Duda's two-run homer lifted New York in the 11th Sunday.

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Foles focused on getting better

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NFL. The Eagles QB is confident the team's high-powered offense will be even better in 2014.

Nick Foles seemed to burst onto the scene in 2013, becoming a household name and setting Eagles and NFL records with his spectacular season (27 TD, 2 INT).

But will he be able to replicate his Pro Bowl season in 2014, now that the entire NFL has had a chance to watch him and Chip Kelly's offensive scheme for nearly a year?

"I think that we have a great group of guys that understand we have to work every day because this is a tough league," Foles said. "Our last game we played in was against the Saints and we lost, so everybody remembers that and we know, 'Hey, we were beat, so we have to continue to get better.'"

Nick Foles' dynamic play at quarterback earned him a spot in the Pro Bowl this past winter. / GETTY IMAGES

Quoted

"This year is a little different, and there's going to be a little more on my plate."

Foles, on being a leader this season

The way that Foles and the offense think they can most improve is by completely harnessing and mastering the fundamentals. Being technically sound would, in theory, make running the high-powered and fast-paced Kelly offense easier and more productive.

"When I go out there and play, I'm not forcing anything, I'm just playing football," Foles said. "Being a leader to these guys, I'm going to naturally let my instincts take over. And it makes it easier because I'm not trying to be someone else, I'm just taking it in stride.

EVAN MACY
@evan_macy
evan.macy@metro.us

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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 19, 2014 @ 10am** at the Safeguard Self Storage facility located at 6224 Germantown Avenue Phila. PA 19144. The personal goods stored in the following space numbers by the following tenant(s):
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#2701 - Richard Daniels Jr., #0220 - David Ritter, #1146 - Bridget Cunningham, #1213 - Julia Steadman, #2321 - Janet Jeter, #1136 - Charles Jones - Ark Christian Worship Center, #0419 - Christea Evans, #0409 - Leia Waters, #0216 - Dontavier Martinez, #0209 - Doris Green, #1233 - Lori Exum, #2238 - Michael Hayes
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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **June 19, 2014 @ 3PM** at the Safeguard Self Storage facility located at 1333 Rhawn Street Phila. PA 19111. The personal goods stored in the following space numbers by the following tenant(s):
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Sonya Rogers 2320, Stanley Robert Dorsey 2702, Andrielle Blevins 2705, Tynisha Lee 2720, Wayne Faucett 3701 Leroy L Corker 4106, Allen Lewis 4109, Ileana Rodriguez 4533
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#3705-Ramona Hendricks • #1107-Ali Shaat • #3400-Dina Crawford #2209-Jose Velez • #3554-Yashirie Alonso-Vazquez • #3524-Shirley Davila #2112-Dessia Cruz Philadelphia Prevention Partnership
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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **JUNE 19, 2014 @ 9:00AM** at the Safeguard Self Storage facility located at 1499 66TH Avenue Phila. PA 19126. The personal goods stored in the following space numbers by the following tenant(s):
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 # 1137 Raymond Brockington, # 1138 Rodney Pullett, # 1206 Christopher Nyame, # 1218 Latanya Murphy, # 1236 Josettie Allen, # 2212 Sean David, # 2233 Randy Frink, # 2324 Samuel Hollie, # 2701 Sean Wright, # 3123 Lawrence Davis, # 3137 Kevra Price, # 3350 Deana Ramsey
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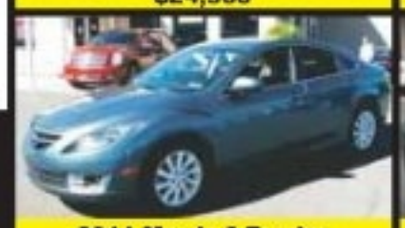
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Legal Notices

Notice is hereby given that Cash Out Check Cashing, 216 S. 52nd St. Philadelphia, PA 19139 did on 5/19/14 submit to the Department of Banking and Securities of the Commonwealth of Pennsylvania an application for a Check Cashier License located at: 216 S. 52nd St. Philadelphia, PA 19139. All interested persons may file comments in favor of, or in protest of, the application in writing with the Department of Banking and Securities, Commonwealth of Pennsylvania, Non-Depository Licensing Division, 17 N. 2nd St, Market Square Plaza, Ste. 1300, Harrisburg, Pennsylvania 17101. All comments to be considered must be received by The Department not later than thirty (30) days after the date of publication of this notice.

Do you have chronic pain after experiencing a traumatic event, such as a car accident, sports injury or surgery?

Has a doctor ever told you that you have post-traumatic peripheral neuropathic pain?

If so, please contact us about our research study.

Qualified participants must:

- Be at least 18 years of age
- Have had chronic, post-traumatic peripheral neuropathic pain for more than 6 months
- Be available for study visits and phone calls over a 17-week period

Insurance is not required and transportation may be available to adults who qualify.

Qualified participants receive:

- Study-related care and investigational medication or placebo at no cost
- Reimbursement for clinical trial-related expenses

For more information, call toll-free **1.866.362.4467**

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Have you been *diagnosed with* ADHD?

If so, please contact us about our research study of an investigational medication.

Those who qualify must:

- Be 18 to 55 years of age
- Have a diagnosis of ADHD
- Be available for overnight stays at the study clinic

Insurance is not required to participate and transportation is available.

Those who qualify receive study-related care and study medications at no cost.

Compensation up to $1,725 may be provided for time spent in the research study.

For more information, call toll-free **1.888.436.3361**

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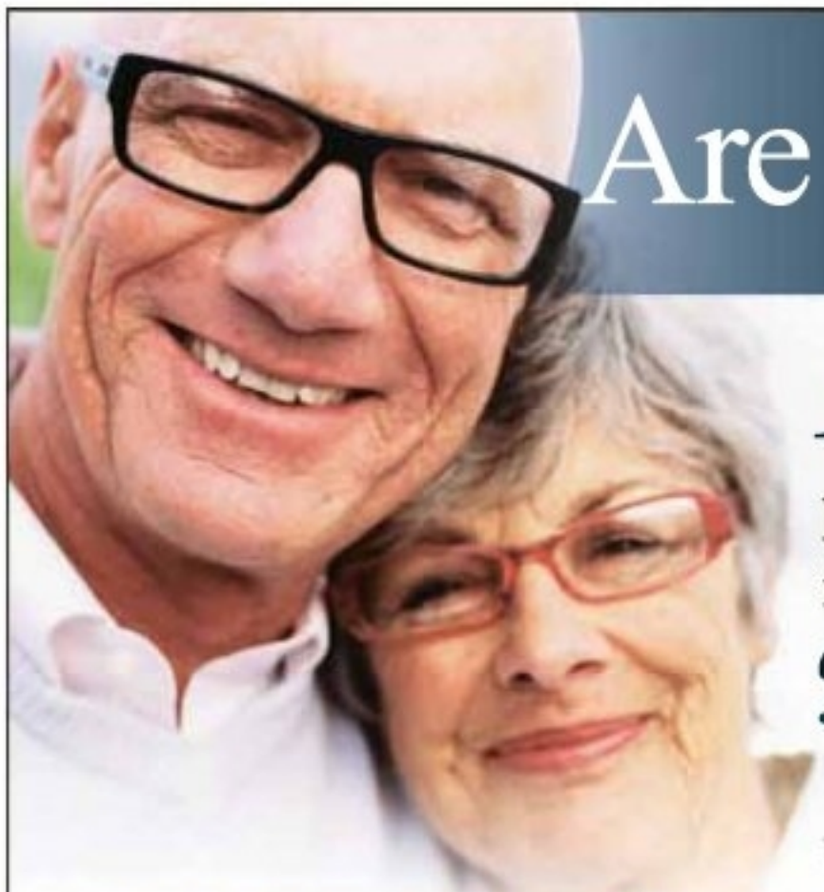

Are you **age 65** *or older?*

If so, we need your help.

Right now, we're enrolling participants 65 years of age and older in important research studies of investigational medications.

Qualified participants must:

- Be at least 65 years of age.

Transportation is available.

Qualified participants receive:

- All study related evaluations and medication at no cost.
- Compensation from $700 to $4,000 for those who qualify

The persons depicted are models used only for illustrative purposes.

For more information, call toll-free **1.866.680.6672**

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